

# TIME MANAGEMENT (FOR TECHNICAL PEOPLE)

DÓNAL CUNNINGHAM







A large, stylized pink quotation mark icon, consisting of two curved lines forming an opening quote.

I used to think that the  
brain was the most  
wonderful organ in my  
body. Then I realized who  
was telling me this.

emo phillips





**KEEP  
CALM  
AND  
TRUST  
THE SYSTEM**



NON SCRIPTUM, NON EST

(WRITE IT **DOWN**)

















remember the milk™

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todoist



Trello





WorkFlowy

BECAUSE WHEN I MARK SOMETHING AS COMPLETE

***IT STAYS ON THE DAMN LIST***



## Talk

- Introduce yourself  
It's **Dó** as in "doughnut", **nal** as in "final"
- Warn them about the swearing
- Kittens?
- Try to make them laugh
  - More than once
  - Not in a bad way
  - With me, not at me
- WATCH THE CLOCK, FOOL!
  - Don't make Helpful Dónal cry
  - Christian's Sad Face

+



**MY BED TIME IS 7:00  
BUT I GO TO BED AT  
7:05**

**THUG LIFE**



If this was the only thing you did today you'd be satisfied.

If this was the only thing you did today you'd be satisfied.

- 5

Target

○ ○ ○ ○ ○

Track 25min/bubble



Actual

Completion of these tasks will make the day even better.

Completion of these tasks will make the day even better.

- 2

○ ○ ○ ○ ○

.....

- 3

○ ○ ○ ○ ○

.....

Do these only after you have completed the tasks above.

Do these only after you have completed the tasks above.

- 1

○ ○ ○ ○ ○

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.....  
.....  
.....  
.....

- 5.



○ ○ ○ ○ ○

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NOTES



















# REFERENCES

HELP! I HAVE A MANAGER! (WIZARDZINES.COM)

JULIA EVANS

TIME MANAGEMENT FOR SYSTEM ADMINISTRATORS

TOM LIMONCELLI

[HTTPS://NOIDEA.DOG/](https://noidea.dog/)

TANYA REILLY

[HTTPS://WWW.INTELLIGENTCHANGE.COM/PRODUCTS/THE-PRODUCTIVITY-  
PLANNER](https://www.intelligentchange.com/products/the-productivity-planner)

[HTTPS://GITHUB.COM/AUGHERA/SOFTPATH](https://github.com/aughera/softpath)